In a moment’s Time
...life can change.

The Washington County Commission on Aging (WCCOA) offers a multitude of services when that time comes... or maybe this is your time to serve. This brochure will show you what help may be available for you OR how you can be a part of the amazing network of services by volunteering your time and resources to those in need.

Remember...it’s never too EARLY or too LATE!

WHO WE ARE. . . Our mission is to promote quality aging by meeting the needs, protecting the rights and preserving the dignity of our citizens. We are fortunate to have a dedicated legion of volunteers whose generous efforts are critical to our functions. Over 40 years ago, the Washington County Board of County Commissioners recognized WCCOA as a private, 501(c)(3) non-profit corporation. The Commission on Aging coordinates with multiple partners to plan and implement short and long-range goals and deliver services to meet the needs of the County’s aging, disabled and caregiver population. The Commission has a Board of Directors and a County Commissioner appointed Advisory Council that support the organization’s mission and vision.

“We have been very impressed with the professionalism and follow-up with the Commission’s team. We are certainly grateful that my mom will be offered various options to keep her safe and at home for as long as possible and couldn’t do it without the Washington County Commission on Aging.” - CAREGIVER

The Washington County Commission on Aging promotes quality aging and provides opportunities for independence through education and advocacy.

Never too Early

Never too Late
...to Serve or Be Served!

WHO WE ARE...
The Washington County Commission on Aging provides programs and services necessary for seniors and those with disabilities to live as independently as possible. The main areas of support we offer fall into one of these categories:

- Long Term Care Services & Resources
- Support Services
- Health & Nutrition
- Education (PER4M)
- Ombudsman & Legal
- Caregiver Support

Some of our programs and services are listed below. There are no fees for several of the services provided by the Commission on Aging, except as noted, though contributions are strongly encouraged. Screens are provided to determine need and eligibility. For more information on each one of these services below, refer to our website: wccoaging.org

“MAP” Out a Plan! It can be overwhelming to try to understand your options for long-term services and supports. Maryland Access Point (MAP) is a partnership between Area Agencies on Aging and several local agencies and organizations. WCCOA is Washington County’s local MAP office offering certified options counselors who work with you to make a person-centered plan based on your unique needs and situation. Counselors can help you identify long-term goals, needs, and challenges, develop a written plan, identify available public and private services, and get connected as needed.

Call a MAP Counselor today 1-301-790-0275

Our Services

Support Services
- Chores
- Court Appointed Guardians
- Safety
- Community Health Workers
- Grocery Shopping
- Assistive Technology
- Assistance with home repairs
- Access to supplies and supports
- Telephone Reassurance
- Senior Medicare Fraud Patrol
- Ramps
- Homemaker
- Personal Care

Long Term Care Services & Resources
- Options Counseling
- Application Assistance
- Aging in Place
- Medicare Part D plan assessments
- Assisted Living Group Home Subsidy
- Tax filing support for Seniors
- Nursing Home Options Counseling
- Senior Health Insurance Program
- Senior Mental Health/Project HOME
- Senior Care Program

Volunteer Program

Health & Nutrition
- Cafe on site
- Congregate Sites
- Emergency Meals and Kits
- Fitness & Health
- Blood Pressure Checks
- Meals on Wheels
- NEAD

Ombudsman & Legal
- Legal Services on site
- Ombudsman Program

Caregiver Support
- Caregiver Services
- Grandparent Support Group
- Respite

Education (PER4M)
- Evidence Based Educations
- Chronic Disease Self Management
- Spanish Classes
- Computer Classes
- Driving Classes AARP
- Fall Balance Classes
- New to Medicare Workshops
- Experienced Speakers Bureau

Senior Center

Help Us Help Your Neighbor!
While you may not be at a point in your life where you need our services - maybe it’s your time to serve! Remember, it’s never too early or too late to donate your time or finances to help your neighbors. We are always looking for new volunteers to share their time and talents - no experience needed!

To Donate Your Time or Resources, please contact us at 301-790-0275.

The Senior Activity Center offers a wide variety of classes, programs and activities for independent, active, and vibrant persons 55 and over. Participants must be independent in all activities of daily living.

Current Calendar of Events can be found on our website: www.wccoaging.org