

JANUARY

2023

Washington County Senior Activities Center

535 E. Franklin Street, Hagerstown, MD 21740


301-790-0275 ext. 243 or 246

Pre-registration Required for all classes. Online Registration available by going to www.copilotcommunity.com you will need a badge # and valid email.

Red = Zoom Classes

PP=Prepaid Class

To use GYM equipment, all members must attend Exercise Equipment Training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p>  <p>Closed for the Holiday</p>	<p>3</p> <p>9:15-10:15 Guitar 10:00-11:00 Photography 10:30-11:15 Tai Chi on DVD 10:30-11:30 Spanish 12:00-1:00 Strength Training (1 of 6) 12:30-2:30 Watercolor</p>	<p>4</p> <p>10:00-2:00 Registration renewals-Stop in and Renew your Membership (No Classes)</p>	<p>5</p> <p>10:00-12:00 Computer/ Phone/ Tablet Support 10:00-11:00 Book Club 11:00-12:00 Strength Training (1 of 6) 1:00-3:00 Bingo 1:30-3:00 Cornhole/Table Tennis</p>	<p>6</p> <p>10:00-2:00 Registration renewals-Stop in and Renew your Membership (No Classes)</p>
<p>9</p> <p>9:30-10:30 Crochet 9:30-12:30 Hand and Foot 10:00-11:00 Grandparents Support Group 10:30-12:00 Square Dancing 11:00-12:00 Knitting 12:30-3:00 Mahjongg 1:00-3:30 Sewing Circle 2:00-3:00 Diabetes Prevention Program</p>	<p>10</p> <p>9:15-10:15 Guitar 10:30-11:15 Tai Chi on DVD 10:30-11:30 Spanish 12:00-1:00 Strength Training (2 of 6) 12:30-2:30 Watercolor</p>	<p>11</p> <p>10:00-2:00 Registration renewals-Stop in and Renew your Membership (No Classes)</p>	<p>12</p> <p>10:00-12:00 Computer/ Phone/ Tablet Support 11:00-12:00 Strength Training (2 of 6) 1:00-3:00 Bingo 1:30-3:00 Cornhole/Table Tennis</p>	<p>13</p> <p>10:00-2:00 Registration renewals-Stop in and Renew your Membership (No Classes)</p>

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Senior Center Closed



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9:15-10:15 Guitar
10:00-11:00 Photography
10:30-11:15 Tai Chi on DVD
10:30-11:30 Spanish
12:00-1:00 Strength Training (3 of 6)
12:30-2:30 Watercolor

18

10:00-2:00
Registration renewals-Stop in and Renew your Membership (No Classes)

19

10:00-12:00 Computer/ Phone/ Tablet Support
11:00-12:00 Strength Training (3 of 6)
1:00-3:00 Bingo
1:30-3:00 Cornhole/Table Tennis

20

10:00-2:00
Registration renewals-Stop in and Renew your Membership (No Classes)

23

9:30-10:30 Crochet
9:30-12:30 Hand and Foot
10:00-11:00 Caregiver Support
10:30-12:00 Square Dancing
11:00-12:00 Knitting
12:30-3:00 Mahjongg
1:00-3:30 Sewing Circle
2:00-3:00 Diabetes Prevention Program

24

9:15-10:15 Guitar
10:30-11:15 Tai Chi on DVD
10:30-11:30 Spanish
12:00-1:00 Strength Training (4 of 6)
12:30-2:30 Watercolor

25

10:00-2:00
Registration renewals-Stop in and Renew your Membership (No Classes)

26

10:00-12:00 Computer/ Phone/ Tablet Support
11:00-12:00 Strength Training (4 of 6)
1:00-3:00 Bingo
1:30-3:00 Cornhole/Table Tennis

27

10:00-2:00
Registration renewals-Stop in and Renew your Membership (No Classes)

30

9:30-10:30 Crochet
9:30-12:30 Hand and Foot
10:30-12:00 Square Dancing
11:00-12:00 Knitting
12:30-3:00 Mahjongg
1:00-3:30 Sewing Circle
2:00-3:00 Diabetes Prevention Program

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9:15-10:15 Guitar
10:00-11:00 Photography
10:30-11:15 Tai Chi on DVD
10:30-11:30 Spanish
12:00-1:00 Strength Training (5 of 6)
12:30-2:30 Watercolor

Activities for 55+ Years Old
Hours: 9:00am-3:30pm
Monday-Tuesday and Thursday for January



Inclement Weather Policy

The Washington County Commission on Aging, Inc. and the Senior Activities Center will follow Washington County Public Schools (WCPS) cancellations and/or delays unless otherwise posted.

