



Washington County Senior Activities Center

Nov. 22nd – Nov. 30th, 2021



Monday through Friday- Senior Center Classes
Registration Required for all Classes with (RR).
Call 301-790-0275 ext. 243 or 246.

Monday Senior Center Zoom	Tuesday Senior Center	Wednesday Senior Center	Thursday Senior Center	Friday Senior Center
<p>22 9:30am Crochet (RR) 10:00am Hand & Foot (RR) 10:00am Family Caregiver Support Group (RR) 11:30am Exercise Equipment Training (RR) 2:00pm Gentle Yoga (RR)</p>	<p>23 9:15am Beginners Tai Chi (RR) 9:30am Gym (RR) 11:00am Intermediate Spanish 11:30am Gym (RR) 12:00pm Watercolor (RR) 12:00pm Strength Training(RR) 12:30pm Advanced Spanish 1:00pm Gym (RR) 2:30pm Gym (RR)</p>	<p>24 10:00am Beginners Spanish 10:30am Checkers And Chess (RR) 11:00am Walking Club at Senior Center (RR) 1:00pm 500 Bid Cards (RR)</p>	<p>25 Closed for Thanksgiving</p> 	<p>26 Closed for Thanksgiving</p> 
<p>29 9:30am Crochet (RR) 10:00am Hand & Foot (RR) 11:00am Knitting (RR) 11:30am Exercise Equipment Training (RR) 2:00pm Gentle Yoga (RR)</p>	<p>30 9:30am Gym (RR) 11:00am Intermediate Spanish 11:30am Gym (RR) 12:00pm Watercolor (RR) 12:00pm Strength Training(RR) 12:30pm Advanced Spanish 1:00pm Gym (RR) 2:30pm Gym (RR)</p>	<p>Register for Classes Online Go to copilotcommunity.com and register for an account.</p> <p>You will need a valid email address and your Badge ID #. Your badge ID # is on the back of your 2021 Badge.</p>	<p>The Gym will be open Monday-Friday in December.</p> <p>You must register for 1 hour sessions.</p> <p>Exercise Equipment #1- 9:30am-10:30am #2- 11:30am-12:30pm #3- 1:00pm-2:00pm #4- 2:30pm-3:30pm</p> <p>Register online starting now for December sessions</p>	<p>NEW CLASSES Beginning December</p> <p>Dec. 3rd – 9:30am – 11:00am New Computer Class with Walt</p> <p>Dec. 7th – 10:30am-11:30am New Beginners Tai Chi Class with Vernon.</p> <p>If you would like to attend one of these classes, please register online at copilotcommunity.com</p>