APRIL 2024

Williamsport Activity Congregate Site

Hours M-W-F 9:00 am to 1:00 pm
Parkview Knoll, 215 Otho Holland Drive, Williamsport, MD 21795
Phone 240-329-7322

1 9:00 Coffee & Chat 9:30 -11:00 Bingo 11:30 Lunch 12:00 Crosswords *April Fools Day!*	2 Site Closed	3 9:00 Coffee & Chat 9:30 Nutrition Ed #1 *Fuel for the Future* 9:45 Chair Exercises 10:15 Ladder Ball 11:30 Lunch 12:00 Cards	4 Site Closed	5 9:00 Coffee & Chat 9:30-11:00 Wii Games 11:30 Lunch 12:00 Outdoor Walk *Weather Permitting*
8 9:00 Coffee & Chat 9:30 -11:00 Bingo 11:30 Lunch 12:00 Word Search	9 Site Closed	10 9:00 Coffee & Chat 9:30 Nutrition Ed #2 *Eat Healthy to Be Healthy* 9:45 Chair Volleyball 11:30 Lunch 12:00 Cards	11 Site Closed	12 9:00 Coffee & Chat 9:30-11:00 Movie & Popcorn 11:30 Lunch 12:00 Cards
15 9:00 Coffee & Chat 9:30 -11:00 Bingo 11:30 Lunch 12:00 Cards	16 Site Closed	17 9:00 Coffee & Chat 9:30 Nutrition Ed #3 *Menu Planning* 9:45 Outdoor Walk 10:15 Bean Bag Toss 11:30 Lunch 12:00 Cards	18 Site Closed	19 9:00 Coffee & Chat 9:30-11:00 Wii Games 11:30 Lunch 12:00 Crosswords
22 9:00 Coffee & Chat 9:30 -11:00 Bingo 11:30 Lunch 12:00 Outdoor Walk *Weather Permitting*	23 Site Closed	24 9:00 Coffee & Chat & Crossword Puzzles 10:00 Nurse Amanda & Good Health Info. BP & O2 Check 11:30 Lunch 12:00 Cards	25 Site Closed	26 9:00 Coffee & Chat 9:30 Outdoor Walk weather permitting 10:00-11:00 Wii Games 11:30 Lunch 11:45 - 12:15 Bookmobile 12:15 Cards
29 9:00 Coffee & Chat 9:30 -11:00 Bingo 11:30 Lunch 12:00 Word Search	30 Site Closed	**<u>THE ACTUAL COST OF EACH LUNCH IS</u>** **<u>TEN DOLLARS</u>** If you sign up for lunch but your plans change, let us know. Cancel meal reservations three work days in advance. Please do your part so we don't waste food or resources!		

Wash. Co. Commission on Aging, Inc./Area Agency on Aging

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