



# MARCH 2024

## Walnut Towers Congregate Nutrition Site

Hours M-W-F 9:00 am to 1:00 pm

12 South Walnut Street 8th Floor, Hagerstown, MD 21740

Site Phone 240-329-7779

<p><u>The Actual Cost of Each Lunch is \$10.00.</u> <u>Thank You for Your Donations!</u></p>	<p style="text-align: center;"><u>WINTER WEATHER</u></p> <p style="text-align: center;">If Washington County Public Schools are Closed or Delayed due to weather conditions, Congregate Nutrition Sites are CLOSED.</p>			<p>1 9:30 Wii Bowling 11:30 Lunch 12:15 Word Search or Busy Bees - Bring your own Project - Knitting, Crochet, Sewing Embroidery, Etc.</p>
<p>4  9:30 Movie  11:30 Lunch  12:15 UNO Card Game</p>	<p>5  Site Closed</p>	<p>6 9:30 Corn Hole 11:00 Nutrition Ed #1 <i>Eating Right &amp; Reducing Food Waste</i> 11:30 Lunch 12:15 Word Search</p>	<p>7  Site Closed</p>	<p>8 9:30 BINGO 11:30 Lunch 12:15 Board Games or Busy Bees - Bring your own Project - Knitting, Crochet, Sewing Embroidery, Etc.</p>
<p>11 9:30 Movie 11:30 Lunch 12:15 Walk &amp; Talk</p>	<p>12  Site Closed</p>	<p>13 9:30 Wii Bowling 11:00 Nutrition Ed #2 <i>Kitchen Timesavers</i> 11:30 Lunch 12:15 Cards</p>	<p>14  Site Closed</p>	<p>15 9:30 Bingo 11:30 Lunch 12:15 Walk Along or Busy Bees - Bring your own Project - Knitting, Crochet, Sewing Embroidery, Etc.</p>
<p>18 9:30 Movie 11:30 Lunch 12:15 Play Cards</p>	<p>19  Site Closed</p>	<p>20 10:00 Nurse Amanda &amp; Good Health Info. 11:00 Nutrition Ed #3 <i>Eat Right &amp; Smart Snacking</i> 11:30 Lunch 12:15 Tic-Tac-Toe</p>	<p>21  Site Closed</p>	<p>22 9:30 Craft Time 11:30 Lunch 12:15 Word Search or Busy Bees - Bring your own Project - Knitting, Crochet, Sewing Embroidery, Etc.</p>
<p>25 9:30 Movie 11:30 Lunch 12:15 Word Search</p>	<p>26  Site Closed</p>	<p>27 9:30 Craft Time 11:30 Lunch 12:15 Walk Along</p>	<p>28  Site Closed</p>	<p>29 9:30 Hangman Game 11:30 Lunch 12:15 UNO Card Game or Busy Bees - Bring your own Project - Knitting, Crochet, Sewing Embroidery, Etc.</p>

**Wash. Co. Commission on Aging, Inc./Area Agency on Aging**



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