



# MARCH 2024

## Potomac Towers Congregate Nutrition Site

Hours M-W-F 9:00 am to 1:00 pm

11 West Baltimore Street, Hagerstown, MD 21740

Site Phone 301-573-6592

<p><u>The Actual Cost of Each Lunch is \$10.00.</u> <u>Thank You for Your Donations!</u></p>	<p><u>WINTER WEATHER</u> If Washington County Public Schools are Closed or Delayed due to weather conditions, Congregate Nutrition Sites are CLOSED.</p>			<p>1 Coffee &amp; Chat 9:15 Movies &amp; Popcorn 11:30 Lunch 12:15 Cards</p>
<p>4 Coffee &amp; Chat 9:15 Arts &amp; Crafts 11:30 Lunch 12:15 Puzzle Time</p>	<p>5 Site Closed</p>	<p>6 9:15 Coffee &amp; Chat 10:00 Nutrition Ed. #1 Handout &amp; Talk <i>Eating Right &amp; Reducing Food Waste</i> 11:30 Lunch 12:15 Cards</p>	<p>7 Site Closed</p>	<p>8 Coffee &amp; Chat 9:15 Movies &amp; Popcorn 11:30 Lunch 12:15 Ring Toss</p>
<p>11 Coffee &amp; Chat 9:15 Arts &amp; Crafts 11:30 Lunch 12:15 Wii Games</p>	<p>12 Site Closed</p>	<p>13 Coffee &amp; Chat 9:15 BINGO 10:30 Nutrition Ed. #2 Handout &amp; Talk <i>Kitchen Timesavers</i> 11:30 Lunch 12:15 Ring Toss</p>	<p>14 Site Closed</p>	<p>15 Coffee &amp; Chat 9:15 Cards 10:00 Nurse Amanda &amp; Good Health Info. BP/O2 Screenings 11:30 Lunch 12:15 Puzzles</p>
<p>18 Coffee &amp; Chat 9:15 Arts &amp; Crafts 11:30 Lunch 12:15 Cards</p>	<p>19 Site Closed</p>	<p>20 9:15 Coffee &amp; Chat 10:30 Nutrition Ed. #3 Handout &amp; Talk <i>Eat Right &amp; Smart Snacking</i> 11:30 Lunch 12:15 Wii Games</p>	<p>21 Site Closed</p>	<p>22 Coffee &amp; Chat 9:15 Movies &amp; Popcorn 11:30 Lunch 12:15 Hangman</p>
<p>25 Coffee &amp; Chat 9:15 Arts &amp; Crafts 11:30 Lunch 12:15 Wii Games</p>	<p>26 Site Closed</p>	<p>27 Coffee &amp; Chat 10:30 Walk &amp; Talk 11:30 Lunch 12:15 Cards</p>	<p>28 Site Closed</p>	<p>29 Coffee &amp; Chat 9:15 Movies &amp; Popcorn 11:30 Lunch 12:15 Word Find</p>

**Wash. Co. Commission on Aging, Inc./Area Agency on Aging**



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