



# MARCH 2024

## Hancock Congregate Nutrition Site

Hours M-W-F 9:00 am to 1:00 pm

126 West High Street, Hancock, MD 21750

Site Phone 301-573-6295

<p><u>The Actual Cost of Each Lunch is \$10.00.</u> <u>Thank You for Your Donations!</u></p>	<p style="text-align: center;"><u>WINTER WEATHER</u></p> <p style="text-align: center;">If Washington County Public Schools are Closed or Delayed due to weather conditions, Congregate Nutrition Sites are CLOSED.</p>			<p>1</p> <p>9:00 Coffee, Tea &amp; Talk 10:00 Crafts or Puzzles 11:30 Lunch 12:00 Walking or Cards</p>
<p>4</p> <p>9:00 Coffee, Tea &amp; Talk 10:00 Crafts or Puzzles 11:30 Lunch 12:00 Bean Bag Toss or Walking</p>	<p>5</p> <p style="text-align: center;">Site Closed</p>	<p>6</p> <p>9:00 Coffee, Tea &amp; Talk 10:00 Nutrition Ed #1 <i>Eating Right &amp; Reducing Food Waste</i> 11:30 Lunch 12:00 Billiards or Games</p>	<p>7</p> <p style="text-align: center;">Site Closed</p>	<p>8</p> <p>9:00 Coffee, Tea &amp; Talk 10:00 Crafts or Puzzles 11:30 Lunch 12:00 Walking or Games</p>
<p>11</p> <p>9:00 Coffee, Tea &amp; Talk 10:00 Crafts or Puzzles 11:30 Lunch 12:00 Billiards or Walking</p> <p><i>National Napping Day</i></p>	<p>12</p> <p style="text-align: center;">Site Closed</p>	<p>13</p> <p>9:00 Coffee &amp; Talk 10:00 Nurse Amanda &amp; Good Health Info. BP/O2 Screenings Nutrition Ed #2 <i>Kitchen Timesavers</i> 11:30 Lunch 12:00 Share Good Deeds <i>Nat'l. Good Samaritan Day</i></p>	<p>14</p> <p style="text-align: center;">Site Closed</p>	<p>15</p> <p>9:00 Coffee, Tea &amp; Talk 10:00 Join Us for Crafts with Pam 11:30 Lunch 12:00 Walking or Games</p>
<p>18</p> <p>9:00 Coffee, Tea &amp; Talk 10:00 Crafts or Puzzles 11:30 Lunch 12:00 Games or Walking</p> <p><i>National Awkward Moment Day</i></p>	<p>19</p> <p style="text-align: center;">Site Closed</p>	<p>20</p> <p>9:00 Coffee, Tea &amp; Talk 10:00 Nutrition Ed #3 <i>Eat Right &amp; Smart Snacking</i> 11:30 Lunch 12:00 Billiards or Jigsaw Puzzles</p>	<p>21</p> <p style="text-align: center;">Site Closed</p>	<p>22</p> <p>9:00 Coffee, Tea &amp; Talk 10:00 Crafts or Puzzles 11:30 Lunch 12:00 Walking or Hangman Game</p>
<p>25</p> <p>9:00 Coffee, Tea &amp; Talk 10:00 Crafts or Games 11:30 Lunch 12:00 Cards or Jigsaw Puzzles</p> <p><i>Maryland Day</i></p>	<p>26</p> <p style="text-align: center;">Site Closed</p>	<p>27</p> <p>9:00 Coffee, Tea &amp; Talk 10:00 Morning Walk 11:30 Lunch 12:00 What is your favorite spring flower?</p>	<p>28</p> <p style="text-align: center;">Site Closed</p>	<p>29</p> <p>9:00 Coffee, Tea &amp; Talk 10:00 Crafts or Puzzles 11:30 Lunch 12:00 Walking or Tic-Tac-Toe</p>

**Wash. Co. Commission on Aging, Inc./Area Agency on Aging**



535 East Franklin Street, Hagerstown, MD 21740    [www.wccoaging.org](http://www.wccoaging.org)  
Phone: 301-790-0275 Fax: 301-739-4957 TDD: 1-800-735-2258 Toll Free: 1-866-802-1212

