



# MARCH 2024

## Boonsboro Congregate Nutrition Site

Hours M-W-F 9:00 am to 1:00 pm  
37 Park Drive, Boonsboro, MD 21713  
Site Phone 301-432-5143

<p><u>The Actual Cost of Each Lunch is \$10.00.</u> <u>Thank You for Your Donations!</u></p>	<p><u>WINTER WEATHER</u> If Washington County Public Schools are Closed or Delayed due to weather conditions, Congregate Nutrition Sites are CLOSED.</p>			<p>1 9:00 Coffee &amp; Snack 9:15 Cards or Walk 9:30 Exercise 10:15 BINGO 11:30 Lunch 12:00 UNO</p>
<p>4 9:00 Coffee &amp; Snack 9:30 Cards or Walk 10:15 St. Patrick's Day Craft Time 11:30 Lunch 12:00 UNO</p>	<p>5  Site Closed</p>	<p>6 9:00 Coffee &amp; Snack 9:30 Cards or Walk 10:00 Nutrition Ed #1 <i>Eating Right &amp; Reducing Food Waste</i> 10:30 UNO 11:30 Lunch 12:00 Nat'l. Oreo Cookie Day</p>	<p>7  Site Closed</p>	<p>8 9:00 Coffee &amp; Snack 9:15 Cards or Walk 9:30 Nurse Amanda Visit <i>Good Health Info. and Blood Pressure/O2 Screens</i> 11:30 Lunch 12:00 UNO</p>
<p>11 9:00 Coffee &amp; Snack 9:30 Cards or Walk 10:15 UNO 11:30 Lunch 12:00 Cards <i>National Napping Day</i></p>	<p>12  Site Closed</p>	<p>13 9:00 Coffee &amp; Snack 9:30 Cards or Walk 10:00 Nutrition Ed #2 <i>Kitchen Timesavers</i> 10:30 Corn Hole 11:30 Lunch 12:00 Cards <i>Nat'l. Good Samaritan Day</i></p>	<p>14  Site Closed</p>	<p>15 9:00 Coffee &amp; Snack 9:15 Cards or Walk 9:30 Exercise 10:15 <u>JOIN US</u> <u>St. Patrick's Day Fun</u> 11:30 Lunch 12:00 UNO</p>
<p>18 9:00 Coffee &amp; Snack 9:30 Cards or Walk 10:15 Easter Craft Time 11:30 Lunch 12:00 UNO <i>Awkward Moments Day</i></p>	<p>19  Site Closed</p>	<p>20 9:00 Coffee &amp; Snack 9:30 Cards or Walk 10:00 Nutrition Ed #3 <i>Eat Right &amp; Smart Snacking</i> 10:30 Finish Craft or Board Games 11:30 Lunch 12:00 Cards or Walk</p>	<p>21  Site Closed</p>	<p>22 9:00 Coffee &amp; Snack 9:30 Cards or Walk 10:15 BINGO 11:30 Lunch 12:00 Cards <i>National Goof Off Day</i></p>
<p>25 9:00 Coffee &amp; Snack 9:30 Cards or Walk 10:15 Easter &amp; Spring Fun 11:30 Lunch 12:00 UNO <i>Celebrate Maryland Day</i></p>	<p>26  Site Closed</p>	<p>27 9:00 Coffee &amp; Snack 9:30 Cards or Walk 10:15 Bean Bag Toss 11:30 Lunch 12:00 Cards</p>	<p>28  Site Closed</p>	<p>29 9:00 Coffee &amp; Snack 9:30 Cards or Walk 10:15 BINGO 11:30 Lunch 12:00 Cards</p>

**Wash. Co. Commission on Aging, Inc./Area Agency on Aging**



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[www.wccoaging.org](http://www.wccoaging.org)

