




MARCH 2023

Boonsboro Activity Nutrition Site

Hours M-W-F 9:00 am to 1:00 pm
 37 Park Drive, Boonsboro, MD 21713
 Site Phone 301-432-5143

<p><u>Masks Are Required At Sites</u></p> 	<p><u>Winter Weather</u></p> <p>❄️ ❄️ ❄️ ❄️ ❄️</p> <p>If Wash. Co. Public Schools are Closed or Delayed due to weather, Activity Nutrition Sites are Closed.</p>	<p>1 9:00 Coffee & Snack 9:30 Nutrition Ed #1 <i>Food Safety</i> <i>Common Foods</i> 10:15 UNO Card Game 11:30 Lunch 12:00 Trivia Time</p>	<p>2 Site Closed</p>	<p>3 9:00 Coffee & Snack 9:30 Walking or Cards 10:15 BINGO 11:30 Lunch 12:00 UNO</p>
<p>6 9:00 Coffee & Snack 9:30 Walking or Cards 10:15 March Craft 11:30 Lunch 12:00 March Craft</p>	<p>7 Site Closed</p>	<p>8 9:00 Coffee & Snack 9:30 Info & Assistance with COA's MAP Staff Health Information 9:30 Cards or March Craft 11:00 Nutrition Ed #2 <i>Reduce Sodium Part 1</i> 11:30 Lunch 12:00 Finish March Craft</p>	<p>9 Site Closed</p>	<p>10 9:00 Coffee & Snack 9:30 Walking or Cards 10:15 Corn Hole 11:30 Lunch 12:00 UNO</p>
<p>13 9:00 Coffee & Snack 9:30 Walking or Cards 10:15 Bean Bag Crate Toss 11:30 Lunch 12:00 UNO</p>	<p>14 Site Closed</p>	<p>15 9:00 Coffee & Snack 9:30 Nutrition Ed #3 <i>Reduce Sodium Part 2</i> 10:15 Spring/Easter Craft 11:30 Lunch 12:00 Finish Craft</p>	<p>16 Site Closed</p>	<p>17 <i>St. Patrick's Day</i> <i>Wear Your Green!</i> 9:00 Coffee & Snack 9:30 Walking or Cards 10:15 Join Us for Our St. Patrick's Day Party 11:30 Lunch 12:00 St. Patrick's Day Word Games</p>
<p>20 9:00 Coffee & Snack 9:30 Walking or Cards 10:15 UNO 11:30 Lunch 12:00 Checkers</p>	<p>21 Site Closed</p>	<p>22 9:00 Coffee & Snack 9:30 Walking or Cards 10:15 Corn Hole 11:30 Lunch 12:00 Trivia Time</p>	<p>23 Site Closed</p>	<p>24 9:00 Coffee & Snack 9:30 Walking or Cards 10:15 BINGO 11:30 Lunch 12:00 Cards</p>
<p>27 9:00 Coffee & Snack 9:30 Walking or Cards 10:15 Board Games 11:30 Lunch 12:00 UNO</p>	<p>28 Site Closed</p>	<p>29 9:00 Coffee & Snack 9:30 Walking or Cards 10:15 Bean Bag Crate Toss 11:30 Lunch 12:00 UNO</p>	<p>30 Site Closed</p>	<p>31 9:00 Coffee & Snack 9:30 Walking or Cards 10:15 BINGO 11:30 Lunch 12:00 Trivia Time</p>

Washington County Commission on Aging, Inc./Area Agency on Aging



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