

March 2010
Walnut Towers Senior Site
 12 S. Walnut St., Hagerstown, MD 21740
 Eleanor Vanhoozer, Manager
 Cell phone: 301-491-5953 Open 9 a.m.-1 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Coffee Break 9:00 am Bingo or Cards	2 Trivia Time 9:00 am	3 Ring Toss 9:30 am	4 Coffee & Find A Word 9:00 am	5 You Are What You Eat w/Ita Kavanaugh 10:00am
8 Coffee Break 9:00 am Bingo or Cards	9 Community Resources & Exercise w/ Helen House 10:15 am	10 Trivia Time 9:00 am	11 Coffee & Find A Word 9:00 am	12 Bingo Or Cards 9:30 am
15 Coffee Break 9:00 am Bingo or Cards	16 Movie 9:30 am	17 Blood Pressure Screening w/Merry Gehr 10:00 am	18 Coffee & Find A Word 9:00 am	19 Malnutrition w/Jackie Willison 9:15 -10:00 am
22 Coffee Break 9:00 am Bingo or Cards	23 Nutritional Supplements & Exercise w/ Helen House 10:15 am	24 Trivia 9:00 am	25 Coffee & Find A Word 9:00 am	26 Bingo Or Cards 9:30 am
29 Coffee Break 9:00 am Bingo or Cards	30 Easter Craft 9:30 am	31 Birthday Celebration 11:00 am		