



JANUARY 2019

Boonsboro Activity Nutrition Site

Jennie O'Leary, Manager Telephone 301-432-5143

37 Park Drive, Boonsboro, MD 21713

Open M-W-F 9:00 am to 1:00 pm

<p>WINTER WEATHER If Washington Co. Public Schools are Closed or Delayed due to weather, the Activity Nutrition Site is Closed.</p>	<p>1 NEW YEAR'S DAY HOLIDAY CLOSED</p>	<p>2 9:00 Coffee/Snack 9:30 Nutrition Ed. "Healthy Eating As We Age" 10:00 BP Screening w/ Meritus Home Health 10:30 BINGO 11:30 Lunch 12:00 Board Games</p>	<p>3 Site Closed</p>	<p>4 9:00 Coffee/Snack 10:00 Corn Hole 11:30 Lunch 12:00 UNO Cards</p>
<p>7 9:00 Coffee/Snack 10:30 Mallory w/ Sharpsburg Pharmacy 11:30 Lunch 12:00 UNO Cards</p>	<p>8 Site Closed</p>	<p>9 9:00 Coffee/Snack 9:30 Nutrition Ed. "Healthy Weights For Older Adults" 10:30 BINGO 11:30 Lunch 12:00 Adult Coloring</p>	<p>10 Site Closed</p>	<p>11 9:00 Coffee/Snack 10:00 Word Search & Trivia 11:30 Lunch 12:00 Current Events Discussion</p>
<p>14 9:00 Coffee/Snack 9:30 Health Ed: w/Kim Torsiello "Living Well Jeopardy" 11:30 Lunch 12:00 UNO</p>	<p>15 Site Closed</p>	<p>16 9:00 Coffee/Snack 10:00 Nutrition Ed. "Special Nutrient Needs of Older Adults" 10:30 Word Games 11:30 Lunch 12:00 Current Events</p>	<p>17 Site Closed</p>	<p>18 9:00 Coffee/Snack 9:30 Hanger Bean Bag Toss 11:30 Lunch 12:00 Adult Coloring</p>
<p>21 MARTIN LUTHER KING, JR. DAY HOLIDAY CLOSED</p>	<p>22 Site Closed</p>	<p>23 9:00 Coffee/Snack 10:00 BINGO 11:30 Lunch 12:00 Hidden Pictures</p>	<p>24 Site Closed</p>	<p>25 9:00 Coffee/Snack 10:00 Painting 11:30 Lunch 12:00 UNO Cards</p>
<p>28 9:00 Coffee/Snack 10:00 Exercises 11:30 Lunch 12:00 Adult Coloring</p>	<p>29 Site Closed</p>	<p>30 9:00 Coffee/Snack 10:00 BINGO 11:30 Lunch 12:00 Birthday Celebration</p>	<p>31 Site Closed</p>	<p>WINTER WEATHER If Washington Co. Public Schools are Closed or Delayed due to weather, the Activity Nutrition Site is Closed.</p>

Washington County Commission on Aging, Inc./Area Agency on Aging



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