

Senior Nutrition Program Menus for Sites & MOWs

-- MENUS MAY OCCASIONALLY BE SUBJECT TO CHANGE --

MARCH 4 - 29, 2019

1 March 4-8, 2019

Monday, March 4, 2019 – Fried Chicken Legs, Seasoned Collard Greens, Au Gratin Potatoes, Apple Slices, Cinnamon Graham Crackers, Fruit Punch Juice, Milk

Tuesday, March 5, 2019 – Cold Cut Sub w/Provolone on Roll with Lettuce & Tomato, Hearty Vegetable Soup, Diced Pears, Orange Juice, Milk

Wednesday, March 6, 2019 – Fish Sticks, Green Beans, Mashed Potatoes, Tropical Fruit Mix or Fresh Fruit Salad in Season, Dinner Roll with Butter, Apple Juice, Milk

Thursday, March 7, 2019 – Turkey Corn Dogs, Glazed Diced Carrots, Butter Beans, Biscuit with Apple Butter, Sliced Peaches, Grape Juice, Milk

Fri., March 8, 2019 – Tuna Salad on Bed of Lettuce w/Sliced Tomato, Saltines, Strawberry Cup, Mini Apple Bread, Milk

2 March 11-15, 2019

Monday, March 11, 2019 – BBQ Pork Sandwich on Roll, Green Beans, Cole Slaw, Applesauce Cup, Milk

Tuesday, March 12, 2019 – Macaroni & Cheese, Stewed Tomatoes, Seasoned Chopped Spinach, Tropical Fruit Mix, Milk

Wednesday, March 13, 2019 – Sliced Turkey & Gravy, Mashed Potatoes, Parslied Baby Carrots, Diced Pineapple Cup, Goldfish Crackers, Grape Juice, Milk

Thursday, March 14, 2019 – Steamer on Roll, Sweet Potato Wedges, Mixed Vegetables, Banana, Fruit Punch Juice, Milk

Friday, March 15, 2019 – Chef's Salad with Pickled Eggs, Cheddar Cheese, Chick Peas, Grape Tomatoes & Salad Greens, Pickled Beets, Diced Peach Cup, Mini Chocolate Chip Bread, Milk

3 March 18-22, 2019

Monday, March 18, 2019 – St. Patrick's Day Meal - Corned Beef, Cabbage, Boiled Potatoes, Diced Carrots, Corn Muffin, Apple Juice, Milk

Tuesday, March 19, 2019 – Meatballs & Penne Pasta w/Marinara Sauce, Spinach Salad, Diced Pears, Milk

Wednesday, March 20, 2019 – Roast Beef & Gravy, Mashed Potatoes, Green Beans, Mandarin Oranges, Mini Banana Bread, Grape Juice, Milk

Thursday, March 21, 2019 – Ham & Swiss Cheese on Croissant w/Lettuce & Tomato, Hearty Vegetable Soup, Banana, Applesauce Cup, Milk

Friday, March 22, 2019 – Battered Pollock Fish Wedge, Rice Pilaf, Harvard Beets, Pea Salad, Apple Slices, Fruit Punch Juice, Milk

4 March 25-29, 2019

Mon., March 25, 2019 – Hot Dog on Roll, Baked Beans, Glazed Carrots, Strawberry Raisin Pack, Frozen Fruit Juice, Milk

Tuesday, March 26, 2019 – Chicken Tenders w/BBQ Sauce, Creamed Spinach, Mixed Vegetables, Biscuit w/Butter, Strawberry Cup, Milk

Wednesday, March 27, 2019 - Baked Ham, Scalloped Potatoes, Green Beans, Mixed Fruit or Fresh Melon when in Season, Apple Juice, Cinnamon Graham Crackers, Milk

Thursday, March 28, 2019 – Chicken Salad on Croissant w/Lettuce & Tomato, Broccoli Salad, Prince Edward Vegetable Blend, Applesauce Cup, Milk

Friday, March 29, 2019 – Lemon Pepper Tilapia Fish, Baked Potato, Buttered Peas, Diced Peach Cup, Mini Banana Muffin, Fruit Punch Juice, Milk

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-- MENUS MAY OCCASIONALLY BE SUBJECT TO CHANGE --

APRIL 1 - MAY 3, 2019

5 April 1-5, 2019

Monday, April 1, 2019 – Baked Pork Chop, Seasoned Peas & Carrots, Sweet Potato Casserole, Diced Pears or Fresh Melon in Season, Cinnamon Graham Crackers, Orange Juice, Milk

Tuesday, April 2, 2019 – Lasagna Roll-Up w/Meat Sauce, Green Beans, Garden Salad, Strawberry Cup, Dinner Roll w/Butter, Milk

Wed., April 3, 2019 – BBQ Chicken Breast, Baked Beans, Cole Slaw, Strawberry Raisin Pack, Mini Banana Loaf, Grape Juice, Milk

Thursday, April 4, 2019 – Spinach Salad w/2 Hard Cooked Eggs, Bacon Crumbles, Hot Bacon Dressing; Croissant w/Apple Butter, Banana, Frozen Fruit Juice, Milk

Friday, April 5, 2019 – Tuna Salad Sub on Roll w/Lettuce & Tomato, Potato Wedges, Carrot Coins, Apple Slices, Fruit Punch, Milk

6 April 8-12, 2019

Monday, April 8, 2019 – Stuffed Shells, Lima Beans, Side Spinach Salad, Mandarin Oranges, Dinner Roll w/Butter, Milk

Tues., April 9, 2019 – Grilled Chicken Sandwich on Roll w/Lettuce & Tomato; Corn, Cole Slaw, Peach Cup, Apple Juice, Milk

Wednesday, April 10, 2019 – Salisbury Steak w/Mushrooms & Gravy, Mashed Potatoes, Green Beans, Banana, Orange Juice, Mini Blueberry Muffin, Milk

Thurs., April 11, 2019 – Orange Glazed Chicken, Stir-Fry Veg. Blend, Brown Rice, Pineapple, Fruit Punch Juice, Milk

Friday, April 12, 2019 – Grilled Cheese, Tomato Soup, Diced Pears, Grape Juice, Milk

1 April 15-19, 2019

Monday, April 15, 2019 – Fried Chicken Legs, Seasoned Collard Greens, Au Gratin Potatoes, Apple Slices, Cinnamon Graham Crackers, Fruit Punch Juice, Milk

Tuesday, April 16, 2019 – Cold Cut Sub w/Provolone on Roll with Lettuce & Tomato; Hearty Vegetable Soup, Diced Pears, Orange Juice, Milk

Wednesday, April 17, 2019 – Fish Sticks, Green Beans, Mashed Potatoes, Tropical Fruit Mix or Fresh Fruit Salad in Season, Dinner Roll w/Butter, Apple Juice, Milk

Thursday, April 18, 2019 – Turkey Corn Dogs, Glazed Diced Carrots, Butter Beans, Biscuit with Apple Butter, Sliced Peaches, Grape Juice, Milk

Fri., April 19, 2019 – Tuna Salad on Bed of Lettuce w/Sliced Tomato, Saltines, Strawberry Cup, Mini Apple Bread, Milk

2 April 22-26, 2019

Monday, April 22, 2019 – BBQ Pork Sandwich on Roll, Green Beans, Cole Slaw, Applesauce Cup, Holiday Cookie, Milk

Tuesday, April 23, 2019 – Macaroni & Cheese, Stewed Tomatoes, Seasoned Chopped Spinach, Tropical Fruit Mix, Milk

Wednesday, April 24, 2019 – Sliced Turkey & Gravy, Mashed Potatoes, Parslied Baby Carrots, Diced Pineapple Cup, Goldfish Crackers, Grape Juice, Milk

Thursday, April 25, 2019 – Steamer on Roll, Sweet Potato Wedges, Mixed Vegetables, Banana, Fruit Punch Juice, Milk

Friday, April 26, 2019 – Chef's Salad with 2 Pickled Eggs, Cheddar Cheese, Chick Peas, Grape Tomatoes & Salad Greens, Pickled Beets, Diced Peach Cup, Mini Chocolate Chip Bread, Milk

3 April 29 - May 3, 2019

Monday, April 29, 2019 – Cheddar Cheeseburger on Roll w/Lettuce & Tomato, Potato Wedges, Peas & Carrots, Strawberry Raisin Pack, Frozen Fruit Juice, Milk

Tuesday, April 30, 2019 – Penne Pasta w/Meatballs & Marinara Sauce, Spinach Salad, Diced Pears, Milk

Wednesday, May 1, 2019 – Roast Beef & Gravy, Mashed Potatoes, Green Beans, Mandarin Oranges, Mini Banana Bread, Grape Juice, Milk

Thursday, May 2, 2019 – Ham & Swiss Cheese on Croissant w/Lettuce & Tomato; Hearty Vegetable Soup, Banana, Applesauce Cup, Milk

Friday, May 3, 2019 – Battered Pollock Fish, Rice Pilaf, Harvard Beets, Pea Salad, Apple Slices, Fruit Punch Juice, Milk

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-- MENUS MAY OCCASIONALLY BE SUBJECT TO CHANGE --

APRIL 29 - MAY 31, 2019

3 April 29 - May 3, 2019

Monday, April 29, 2019 – Cheddar Cheeseburger on Roll w/Lettuce & Tomato, Potato Wedges, Peas & Carrots, Strawberry Raisin Pack, Frozen Fruit Juice, Milk

Tuesday, April 30, 2019 – Penne Pasta w/Meatballs & Marinara Sauce, Spinach Salad, Diced Pears, Milk

Wednesday, May 1, 2019 – Roast Beef & Gravy, Mashed Potatoes, Green Beans, Mandarin Oranges, Mini Banana Bread, Grape Juice, Milk

Thursday, May 2, 2019 – Ham & Swiss Cheese on Croissant w/Lettuce & Tomato; Hearty Vegetable Soup, Banana, Applesauce Cup, Milk

Friday, May 3, 2019 – Battered Pollock Fish, Rice Pilaf, Harvard Beets, Pea Salad, Apple Slices, Fruit Punch Juice, Milk

4 May 6 - May 10, 2019

Mon., May 6, 2019 – Hot Dog on Roll, Baked Beans, Glazed Carrots, Strawberry Raisin Pack, Frozen Fruit Juice, Milk

Tuesday, May 7, 2019 – Chicken Tenders w/BBQ Sauce, Creamed Spinach, Mixed Vegetables, Biscuit w/Butter, Strawberry Cup, Milk

Wednesday, May 8, 2019 - Baked Ham, Scalloped Potatoes, Green Beans, Mixed Fruit or Fresh Melon when in Season, Apple Juice, Cinnamon Graham Crackers, Milk

Thursday, May 9, 2019 – Chicken Salad on Croissant w/Lettuce & Tomato, Broccoli Salad, Prince Edward Vegetable Blend, Applesauce Cup, Milk

Friday, May 10, 2019 – Lemon Pepper Tilapia Fish, Baked Potato, Buttered Peas, Diced Peach Cup, Mini Banana Muffin, Fruit Punch Juice, Milk

5 May 13 - 17, 2019

Monday, May 13, 2019 – Baked Pork Chop, Seasoned Peas & Carrots, Sweet Potato Casserole, Diced Pears or Fresh Melon in Season, Cinnamon Graham Crackers, Orange Juice, Milk

Tuesday, May 14, 2019 – Lasagna Roll-Up w/Meat Sauce, Green Beans, Garden Salad, Strawberry Cup, Dinner Roll w/Butter, Milk

Wednesday, May 15, 2019 – BBQ Chicken Breast, Baked Beans, Cole Slaw, Strawberry Raisin Pack, Mini Banana Loaf, Grape Juice, Milk

Thursday, May 16, 2019 – Spinach Salad w/2 Hard Cooked Eggs, Bacon Crumbles, Hot Bacon Dressing; Croissant w/Apple Butter, Banana, Frozen Fruit Juice, Milk

Friday, May 17, 2019 – Tuna Salad Sub on Roll w/Lettuce & Tomato, Potato Wedges, Carrot Coins, Apple Slices, Fruit Punch, Milk

6 May 20 - 24, 2019

Monday, May 20, 2019 – Stuffed Shells, Lima Beans, Side Spinach Salad, Mandarin Oranges, Dinner Roll w/Butter, Milk

Tues., May 21, 2019 – Grilled Chicken Sandwich on Roll w/Lettuce & Tomato; Corn, Cole Slaw, Peach Cup, Apple Juice, Milk

Wednesday, May 22, 2019 – Salisbury Steak w/Mushrooms & Gravy, Mashed Potatoes, Green Beans, Banana, Orange Juice, Mini Blueberry Muffin, Milk

Thurs., May 23, 2019 – Orange Glazed Chicken, Stir-Fry Veg. Blend, Brown Rice, Pineapple, Fruit Punch Juice, Milk

Friday, May 24, 2019 – Grilled Cheese, Tomato Soup, Diced Pears, Grape Juice, Milk

1 May 27 - 31, 2019

Monday, May 27, 2019 – CLOSED - Memorial Day Holiday

Tuesday, May 28, 2019 – Cold Cut Sub w/Provolone on Roll with Lettuce & Tomato; Hearty Vegetable Soup, Diced Pears, Orange Juice, Milk

Wednesday, May 29, 2019 – Fish Sticks, Green Beans, Mashed Potatoes, Tropical Fruit Mix or Fresh Fruit Salad in Season, Dinner Roll w/Butter, Apple Juice, Milk

Thursday, May 30, 2019 – Turkey Corn Dogs, Glazed Diced Carrots, Butter Beans, Biscuit with Apple Butter, Sliced Peaches, Grape Juice, Milk

Friday, May 31, 2019 – Tuna Salad on Bed of Lettuce w/Sliced Tomato, Saltines, Strawberry Cup, Mini Apple Bread, Milk

Senior Nutrition Program Menus for Sites & MOWs

-- MENUS MAY OCCASIONALLY BE SUBJECT TO CHANGE --

JUNE 3, 2018 - JUNE 28, 2019

2 June 3-7, 2019

Monday, June 3, 2019 – BBQ Pork Sandwich on Roll, Green Beans, Cole Slaw, Applesauce Cup, Holiday Cookie, Milk
Tuesday, June 4, 2019 – Macaroni & Cheese, Stewed Tomatoes, Seasoned Chopped Spinach, Tropical Fruit Mix, Milk
Wednesday, June 5, 2019 – Sliced Turkey & Gravy, Mashed Potatoes, Parslied Baby Carrots, Diced Pineapple Cup, Goldfish Crackers, Grape Juice, Milk
Thursday, June 6, 2019 – Steamer on Roll, Sweet Potato Wedges, Mixed Vegetables, Banana, Fruit Punch Juice, Milk
Friday, June 7, 2019 – Chef's Salad with Pickled Eggs, Cheddar Cheese, Chick Peas, Grape Tomatoes & Salad Greens, Pickled Beets, Diced Peach Cup, Mini Chocolate Chip Bread, Milk

3 June 10-14, 2019

Monday, June 10, 2019 – Cheddar Cheeseburger on Roll w/Lettuce & Tomato, Potato Wedges, Peas & Carrots, Strawberry Raisin Pack, Frozen Fruit Juice, Milk
Tuesday, June 11, 2019 – Meatballs & Penne Pasta w/Marinara Sauce, Spinach Salad, Diced Pears, Milk
Wednesday, June 12, 2019 – Roast Beef & Gravy, Mashed Potatoes, Green Beans, Mandarin Oranges, Mini Banana Bread, Grape Juice, Milk
Thursday, June 13, 2019 – Ham & Swiss Cheese on Croissant w/Lettuce & Tomato, Hearty Vegetable Soup, Banana, Applesauce Cup, Milk
Friday, June 14, 2019 – Battered Pollock Fish Wedge, Rice Pilaf, Harvard Beets, Pea Salad, Apple Slices, Fruit Punch Juice, Milk

4 June 17-21, 2019

Mon., June 17, 2019 – Hot Dog on Roll, Baked Beans, Glazed Carrots, Strawberry Raisin Pack, Frozen Fruit Juice, Milk
Tuesday, June 18, 2019 – Chicken Tenders w/BBQ Sauce, Creamed Spinach, Mixed Vegetables, Biscuit w/Butter, Strawberry Cup, Milk
Wednesday, June 19, 2019 - Baked Ham, Scalloped Potatoes, Green Beans, Mixed Fruit or Fresh Melon when in Season, Apple Juice, Cinnamon Graham Crackers, Milk
Thursday, June 20, 2019 – Chicken Salad on Croissant w/Lettuce & Tomato, Broccoli Salad, Prince Edward Vegetable Blend, Applesauce Cup, Milk
Friday, June 21, 2019 – Lemon Pepper Tilapia Fish, Baked Potato, Buttered Peas, Diced Peach Cup, Mini Banana Muffin, Fruit Punch Juice, Milk

5 June 24-28, 2019

Monday, June 24, 2019 – Baked Pork Chop, Seasoned Peas & Carrots, Sweet Potato Casserole, Diced Pears or Fresh Melon in Season, Cinnamon Graham Crackers, Orange Juice, Milk
Tuesday, June 25, 2019 – Lasagna Roll-Up w/Meat Sauce, Green Beans, Garden Salad, Strawberry Cup, Dinner Roll w/Butter, Milk
Wednesday, June 26, 2019 – BBQ Chicken Breast, Baked Beans, Cole Slaw, Strawberry Raisin Pack, Mini Banana Loaf, Grape Juice, Milk
Thursday, June 27, 2019 – Spinach Salad w/2 Hard Cooked Eggs, Bacon Crumbles, Hot Bacon Dressing; Croissant w/Apple Butter, Banana, Frozen Fruit Juice, Milk
Friday, June 28, 2019 – Tuna Salad Sub on Roll w/Lettuce & Tomato, Potato Wedges, Carrot Coins, Apple Slices, Fruit Punch, Milk

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-- MENUS MAY OCCASIONALLY BE SUBJECT TO CHANGE --

JULY 1, 2019 - AUGUST 2, 2019

6 July 1-5, 2019

Monday, July 1, 2019 – Stuffed Shells, Lima Beans, Side Spinach Salad, Mandarin Oranges, Dinner Roll w/Butter, Milk
Tues., July 2, 2019 – Grilled Chicken Sandwich on Roll w/Lettuce & Tomato; Corn, Cole Slaw, Peach Cup, Apple Juice, Milk
Wednesday, July 3, 2019 – Hot Dog on Roll, Baked Beans, Diced Carrots, Banana, Holiday Cookie, Milk
Thurs., July 4, 2019 – CLOSED - July 4th Holiday
Friday, July 5, 2019 – Grilled Cheese, Tomato Soup, Diced Pears, Grape Juice, Milk

1 July 8-12, 2019

Monday, July 8, 2019 – Fried Chicken Legs, Seasoned Collard Greens, Au Gratin Potatoes, Apple Slices, Cinnamon Graham Crackers, Fruit Punch Juice, Milk
Tuesday, July 9, 2019 – Cold Cut Sub w/Provolone on Roll with Lettuce & Tomato; Hearty Vegetable Soup, Diced Pears, Orange Juice, Milk
Wednesday, July 10, 2019 – Fish Sticks, Green Beans, Mashed Potatoes, Tropical Fruit Mix or Fresh Fruit Salad in Season, Dinner Roll w/Butter, Apple Juice, Milk
Thursday, July 11, 2019 – Turkey Corn Dogs, Glazed Diced Carrots, Butter Beans, Biscuit with Apple Butter, Sliced Peaches, Grape Juice, Milk
Friday, July 12, 2019 – Tuna Salad on Bed of Lettuce w/Sliced Tomato, Saltines, Strawberry Cup, Mini Apple Bread, Milk

2 July 15-19, 2019

Monday, July 15, 2019 – BBQ Pork Sandwich on Roll, Green Beans, Cole Slaw, Applesauce Cup, Holiday Cookie, Milk
Tuesday, July 16, 2019 – Macaroni & Cheese, Stewed Tomatoes, Seasoned Chopped Spinach, Tropical Fruit Mix, Milk
Wednesday, July 17, 2019 – Sliced Turkey & Gravy, Mashed Potatoes, Parslied Baby Carrots, Diced Pineapple Cup, Goldfish Crackers, Grape Juice, Milk
Thursday, July 18, 2019 – Steamer on Roll, Sweet Potato Wedges, Mixed Vegetables, Banana, Fruit Punch Juice, Milk
Friday, July 19, 2019 – Chef's Salad with 2 Pickled Eggs, Cheddar Cheese, Chick Peas, Grape Tomatoes & Salad Greens, Pickled Beets, Diced Peach Cup, Mini Chocolate Chip Bread, Milk

3 July 22-26, 2019

Monday, July 22, 2019 – Cheddar Cheeseburger on Roll w/Lettuce & Tomato, Potato Wedges, Peas & Carrots, Strawberry Raisin Pack, Frozen Fruit Juice, Milk
Tuesday, July 23, 2019 – Penne Pasta w/Meatballs & Marinara Sauce, Spinach Salad, Diced Pears, Milk
Wednesday, July 24, 2019 – Roast Beef & Gravy, Mashed Potatoes, Green Beans, Mandarin Oranges, Mini Banana Bread, Grape Juice, Milk
Thursday, July 25, 2019 – Ham & Swiss Cheese on Croissant w/Lettuce & Tomato; Hearty Vegetable Soup, Banana, Applesauce Cup, Milk
Friday, July 26, 2019 – Battered Pollock Fish, Rice Pilaf, Harvard Beets, Pea Salad, Apple Slices, Fruit Punch Juice, Milk

4 July 29 - August 2, 2019

Mon., July 29, 2019 – Hot Dog on Roll, Baked Beans, Glazed Carrots, Strawberry Raisin Pack, Frozen Fruit Juice, Milk
Tuesday, July 30, 2019 – Chicken Tenders w/BBQ Sauce, Creamed Spinach, Mixed Vegetables, Biscuit w/Butter, Strawberry Cup, Milk
Wednesday, July 31, 2019 - Baked Ham, Scalloped Potatoes, Green Beans, Mixed Fruit or Fresh Melon when in Season, Apple Juice, Cinnamon Graham Crackers, Milk
Thursday, Aug. 1, 2019 – Chicken Salad on Croissant w/Lettuce & Tomato, Broccoli Salad, Prince Edward Vegetable Blend, Applesauce Cup, Milk
Friday, Aug. 2, 2019 – Lemon Pepper Tilapia Fish, Baked Potato, Buttered Peas, Diced Peach Cup, Mini Banana Muffin, Fruit Punch Juice, Milk

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JULY 29, 2019 - AUGUST 30, 2019

4 July 29 - August 2, 2019

Mon., July 29, 2019 – Hot Dog on Roll, Baked Beans, Glazed Carrots, Strawberry Raisin Pack, Frozen Fruit Juice, Milk

Tuesday, July 30, 2019 – Chicken Tenders w/BBQ Sauce, Creamed Spinach, Mixed Vegetables, Biscuit w/Butter, Strawberry Cup, Milk

Wednesday, July 31, 2019 - Baked Ham, Scalloped Potatoes, Green Beans, Mixed Fruit or Fresh Melon when in Season, Apple Juice, Cinnamon Graham Crackers, Milk

Thursday, Aug. 1, 2019 – Chicken Salad on Croissant w/Lettuce & Tomato, Broccoli Salad, Prince Edward Vegetable Blend, Applesauce Cup, Milk

Friday, Aug. 2, 2019 – Lemon Pepper Tilapia Fish, Baked Potato, Buttered Peas, Diced Peach Cup, Mini Banana Muffin, Fruit Punch Juice, Milk

5 August 5-9, 2019

Monday, Aug. 5, 2019 – Baked Pork Chop, Seasoned Peas & Carrots, Sweet Potato Casserole, Diced Pears or Fresh Melon in Season, Cinnamon Graham Crackers, Orange Juice, Milk

Tuesday, Aug. 6, 2019 – Lasagna Roll-Up w/Meat Sauce, Green Beans, Garden Salad, Strawberry Cup, Dinner Roll w/Butter, Milk

Wed., Aug. 7, 2019 – BBQ Chicken Breast, Baked Beans, Cole Slaw, Strawberry Raisin Pack, Mini Banana Loaf, Grape Juice, Milk

Thursday, Aug. 8, 2019 – Spinach Salad w/2 Hard Cooked Eggs, Bacon Crumbles, Hot Bacon Dressing; Croissant w/Apple Butter, Banana, Frozen Fruit Juice, Milk

Friday, Aug. 9, 2019 – Tuna Salad Sub on Roll w/Lettuce & Tomato, Potato Wedges, Carrot Coins, Apple Slices, Fruit Punch, Milk

6 August 12-16, 2019

Monday, Aug. 12, 2019 – Stuffed Shells, Lima Beans, Side Spinach Salad, Mandarin Oranges, Dinner Roll w/Butter, Milk

Tues., Aug. 13, 2019 – Grilled Chicken Sandwich on Roll w/Lettuce & Tomato; Corn, Cole Slaw, Peach Cup, Apple Juice, Milk

Wednesday, Aug. 14, 2019 – Salisbury Steak w/Mushrooms & Gravy, Mashed Potatoes, Green Beans, Banana, Orange Juice, Mini Blueberry Muffin, Milk

Thurs., Aug. 15, 2019 – Orange Glazed Chicken, Stir-Fry Veg. Blend, Brown Rice, Pineapple, Fruit Punch Juice, Milk

Friday, Aug. 16, 2019 – Grilled Cheese, Tomato Soup, Diced Pears, Grape Juice, Milk

1 August 19-23, 2019

Monday, Aug. 19, 2019 – Fried Chicken Legs, Seasoned Collard Greens, Au Gratin Potatoes, Apple Slices, Cinnamon Graham Crackers, Fruit Punch Juice, Milk

Tuesday, Aug. 20, 2019 – Cold Cut Sub w/Provolone on Roll with Lettuce & Tomato; Hearty Vegetable Soup, Diced Pears, Orange Juice, Milk

Wednesday, Aug. 21, 2019 – Fish Sticks, Green Beans, Mashed Potatoes, Tropical Fruit Mix or Fresh Fruit Salad in Season, Dinner Roll w/Butter, Apple Juice, Milk

Thursday, Aug. 22, 2019 – Turkey Corn Dogs, Glazed Diced Carrots, Butter Beans, Biscuit with Apple Butter, Sliced Peaches, Grape Juice, Milk

Friday, Aug. 23, 2019 – Tuna Salad on Bed of Lettuce w/Sliced Tomato, Saltines, Strawberry Cup, Mini Apple Bread, Milk

2 August 26-30, 2019

Monday, Aug. 26, 2019 – BBQ Pork Sandwich on Roll, Green Beans, Cole Slaw, Applesauce Cup, Holiday Cookie, Milk

Tuesday, Aug. 27, 2019 – Macaroni & Cheese, Stewed Tomatoes, Seasoned Chopped Spinach, Tropical Fruit Mix, Milk

Wednesday, Aug. 28, 2019 – Sliced Turkey & Gravy, Mashed Potatoes, Parslied Baby Carrots, Diced Pineapple Cup, Goldfish Crackers, Grape Juice, Milk

Thursday, Aug. 29, 2019 – Steamer on Roll, Sweet Potato Wedges, Mixed Vegetables, Banana, Fruit Punch Juice, Milk

Friday, Aug. 30, 2019 – Chef's Salad with 2 Pickled Eggs, Cheddar Cheese, Chick Peas, Grape Tomatoes & Salad Greens, Pickled Beets, Diced Peach Cup, Mini Chocolate Chip Bread, Milk