



MARCH 2020

Boonsboro Activity Nutrition Site

Jennie O'Leary, Site Specialist Telephone 301-432-5143

37 Park Drive, Boonsboro, MD 21713

Open M-W-F 9:00 am to 1:00 pm

2 9:00 Coffee/Snack 9:30 Checker Tournament & Early Spring Craft 11:30 Lunch 12:00 Finish Crafts	3 Site Closed	4 9:00 Coffee/Snack 9:30 Nutrition Ed. "Kidney Health & Eating Right Overview" 10:00 BINGO 11:30 Lunch 12:00 National Marching Music Day	5 Site Closed	6 9:00 Coffee/Snack 9:30 Nat'l. Oreo Cookie Day 10:00 Corn Hole 11:30 Lunch 12:00 Checkers
9 9:00 Coffee/Snack 9:30 Word Games & Hidden Pictures 10:00 S.A.L.T. Special Presentation: Environmental Disaster Safety 11:30 Lunch 12:00 UNO	10 Site Closed	11 9:00 Coffee/Snack 9:30 Nutrition Ed. "Kidney Health & Eating Right First Steps" 10:00 Mobile Info/Assist. 10:00 BINGO 11:30 Lunch 12:00 UNO	12 Site Closed	13 9:00 Coffee/Snack 9:30 Health Talk w/ Nurse Kim Torsiello "Diabetes - Catch and Learn" BP & O2 Screens 11:30 Lunch 12:00 Nat'l. Open An Umbrella Indoors Day
16 9:00 Coffee/Snack 9:30 Join Us For St. Patrick's Day Celebration & Fun! 11:30 Lunch 12:00 St. Patrick's Day Word Games	17 Site Closed	18 9:00 Coffee/Snack 9:30 Nutrition Ed. "Kidney Health & Eating Right Next Steps" 10:00 BINGO 11:30 Lunch 12:00 Hidden Pictures	19 Site Closed	20 9:00 Coffee/Snack 9:30 Current Events Discussion 10:00 Bean Bag Toss 11:30 Lunch 12:00 Brain Teasers
23 9:00 Coffee/Snack 10:00 Local Attorney Bonnie Winders "Senior Law: Frequently Asked Questions" 11:30 Lunch 12:00 Nat'l. Chip & Dip Day	24 Site Closed	25 9:00 Coffee/Snack 9:30 Current Events Discussion 10:00 BINGO 11:30 Lunch 12:00 Yahtzee Game	26 Site Closed	27 9:00 Coffee/Snack 9:30 National Scribble Day 10:00 Corn Hole 11:30 Lunch 12:00 Rummy
30 9:00 Coffee/Snack 9:30 National Take a Walk in the Park Day 10:00 UNO 11:30 Lunch 12:00 Current Events Discussion	31 Site Closed	<p><u>CHECK OUT OUR MARCH ACTIVITIES!</u></p> <p>Invite your friends and neighbors to join us for: Free Senior Law Information Presentation by Local Attorney Free Diabetes Information with Nurse Kim T. Free Environmental Disaster Safety Information w/S.A.L.T. St. Patrick's Day fun, games, bingo and more!</p>		

Washington County Commission on Aging, Inc./Area Agency on Aging



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